

NEWSLETTER

- **Holiday Closings:** Our office will be closed on Monday, February 20th in observance of Presidents Day.
- **Winter Weather:** If the temperature drops below 32 degrees, please keep one or two faucets dripping slowly. Water running through the pipes will prevent the line from freezing or bursting.
- **Maintenance:** If you have an after-hours maintenance emergency call the on-call number: 479-518-5894. All other work orders should be called into the main office. Make sure your smoke detectors and carbon monoxide detectors are working. If you need the batteries replaced call the office at 479-968-5440.

SUCCESS STORY

Heather Meeks



I started out in Russellville Housing Authority in 2019, my daughter and I had left an abusive situation and I needed a safe place. At the time I was a full-time student working with the work study program at the college I was attending. My daughter was born with airway issues that caused her to have surgeries to correct it, this made working managing college and just life pretty difficult. In the meantime, I myself struggled with heart issues. I had my latest heart surgery in December of 2022.

I started college in 2017 and graduated in 2021 with my bachelor's degree in Psychology from Arkansas Tech University. I also managed to graduate with Honors! The following semester I was accepted into Graduate school, and I am now pursuing a degree to be a mental Health Counselor. My first semester of Grad school I was accepted into their Honor Society Program. Next week I will start a position with our local counseling facility, Arisa Health as a Qualified Behavioral Health Professional.